ON SEPTEMBER 21, 2018 community members from both Owen and Monroe counties came together with elected officials to celebrate and honor 13 older adult volunteers at our annual Senior Salute event.

Honorees include: Donna Rinckel, Turner Nolan, Rosemary Dever, Carol Reynolds, Kate O’Shea, Dennis Pence, Jack Peterman, Bob MacLean, Jerri Dixon, Jim Shelton, Elizabeth Mitchell, Mark Sheehan, and special Endwright Award Honoree Antonia Matthew!

The breadth and depth of their volunteer contributions to our community is humbling and inspiring!

ABOVE:
Our distinguished honorees posing proudly.

LEFT:
Antonia Matthew receives award from Chris Myers, AREA 10 CEO.

PHOTOS BY DAWN KRAMER
Safe at Home needs YOU

Home safety assessments are complete.
Work scopes are drafted.
Materials list is started.

Now we need some VOLUNTEERS to help improve safety in older adults’ homes on the HALF-DAY blitz in Monroe and Owen. October 27th starting with breakfast at 8 a.m. Or you can opt out of breakfast and meet your team at your project. We can accommodate. Special needs are in Owen County for mobile home repair and gutter installation (one-story).

Area 10 is pleased to partner with Loren Wood Builders, Agewise design, and Comfort Keepers. Breakfast is graciously provided by Bell Trace (Monroe County teams) and Owen Valley Health Campus (Owen County teams).

If you’re looking for a one-time short but meaningful volunteer contribution, this may be a good fit. Contact Chris Myers at cmyers@area10agency.org or 812-876-3383 ext. 503.

**UPCOMING EVENTS**

**Mark Your Calendars!**

- **October 11** Caregiver Owen County Health Fair 10am — 2pm 4-H Fairgrounds *(donations support Owen County Rural Transit)*
- **October 15** Forum on Rural Transit services 5:30 — 7pm Perry –Clear Creek Twp Fire Dept *(9094 S Strain Ridge Rd / Bloomington, IN 47401)*
- **October 16** Forum on Rural Transit services 12 — 1:30pm Northern Monroe Territory Station 5 *(5081 N Old State Rd 37 / Bloomington, IN 47408)*
- **October 16** Forum on Rural Transit services 5:30— 7pm Van Buren Twp Fire Dept *(2130 S Kirby Rd / Bloomington, IN 47403)*
- **October 24** Caregiver University “Advocating for a Loved One in a Facility” 12 – 1pm Monroe Co Public Library
- **October 27** Safe at Home Half-Day Volunteer Blitz *(contact Chris for info: cmyers@area10agency.org)*
- **November 15** Caregiver University “Caregiver Stress Management” 6 – 7pm Monroe County Public Library
- **December 5** Caregiver University “Who Pays for All of This?” 12 – 1pm Monroe County Public Library
- **December 8** Stuff-a-Bus 8am – 2pm All five Bloomington Kroger Locations.

Help us stock our mobile food pantry’s shelves for the winter!

**Fall 2018**
Certainly older adults tend to have and accumulate prescription drugs in our medicine cabinets. Especially with the opioid crisis our counties and country are facing, we need to be extra careful about the storage and disposal of our prescription drugs!

Every 14 minutes, an American dies from an unintentional drug overdose.

Seven out of ten people who abuse prescription drugs get them from friends or family members. Flushing leftover medicines sends them into our rivers, streams, and waterways because wastewater treatment plants are not designed to remove them.

Where to safely dispose of your unneeded prescription medication:

Monroe County Solid Waste Mgmt District
3400 South St., Bloomington, IN 47401
Tues – Sat. 7:30 am – 5:30 pm
Phone: 812-349-2848

Owen County Sheriff’s Department
231 Vandalia Ave., Spencer, IN 47460
Phone: 812-829-4874

IU Health Bloomington Hospital Lobby
601 W. Second St., Bloomington, IN 47402
24 Hour
Phone: 812-349-DRUG

Spencer Police Department
90 N. West St., Spencer, IN 47460
Phone: 812-829-3932

Super Hero Senior Games
The 33rd Super Hero Senior Games took place 9/15 through 10/4, with a closing ceremony that includes a video presentation by Jerry Sutherlin, awards and recognitions followed by Bingo with prizes from local businesses. The ceremony included a pitch in lunch for individuals who participated in this year’s games.

We have an increase in participation this year with many first time joiners. We added a new event this year, “Road Rally”. If you haven’t participated before consider joining us next year.
Volunteers Needed!

The Indiana Volunteer Advocates for Seniors and Incapacitated Adults (VASIA) program was formed in Lake County Indiana 15 years ago when a strong need was identified to protect and support unbefriended, at-risk adults. VASIA is supported in our legislature and courts.

VASIA was formed in Monroe & Owen County in 2016, and became operational in 2017. The program began with a handful of guardianships and volunteers and has increased greatly.

The Volunteer Advocates for Seniors and Incapacitated Adults Program provides quality trained volunteer advocates to protect the health, well-being and safety of unbefriended, incapable adults in our community.

Volunteers are needed; trained locally and supported by their Program Manager. If you are a caring, committed community member, 21-years or older, without a criminal history and interested in serving this vulnerable population please contact:

Lisa A Chaplin  
*Adult Guardianship Program Manager*

631 W. Edgewood Dr.  
Ellettsville, IN 47429  
lchaplin@area10agency.org  
Cell Phone: (812) 318-2040

July—September 2018 Donors

- Bloomington Indiana Kennel Club
- Owen County Community Foundation
- Comfort Keepers
- Jay Bucksot
- Louie Roualet
- Hickam & Lorenz, P.C.
- GE Appliances Giving Campaign
- Network for Good
- Chris Myers
- Greencastle Veterinary Clinic
- Owen County Public Library
- Stonecroft Health Campus
- Eric Bumbalough
- Ann Davis
- Bell Trace
- IU Credit Union
- Kathy Sandefur
- Maureen Walton
- Ellettsville Order of the Eastern Star
- McCormick’s Creek
- Life Care Medical Solutions
- Kroger

Thanks to our 2018 Community Partners!
Area 10 Welcomes Our New Staff Aboard and Existing Staff to New Positions!

Janice Cleary
ADRC Administrative Assistant 8/27/2018

Janice joins Area 10 with years of experience helping individuals navigate the health care industry and specifically assisting them with Medicaid, Medicare and insurance coverage. Her position is new to Area 10 as part of our restructuring this year to separate our Care Management and Aging & Disability Resource Center services and staffing. Essentially, after showing her where her mailbox is, she’s ran with it!

Susan Chambers
Housing and Office Manager 7/23/2018

Susan returns to Area 10 as a familiar friend of our agency. Having worked here for five years in housing and transit, she had a hiatus in home and community based services until she came back home to us. Her passion and knowledge of Area 10 exudes from her and we’re happy to have her back on the team!

Lexi Bryant
Case Manager 9/7/2018

Speaking of returning to the Area 10 family, Lexi served as our Social Work Intern with the ADRC and Care Management teams for her senior year practicum at IU. She learned so much about everything we do, often helping out across all programs, which we want, and even presenting programs. We’re very happy to snatch her up after graduation and have her back permanently.

Ron Smith
Care Manager 9/18/2018

Ron joins us after a career with the State of Indiana, including Quality Assurance with Medicaid and monitoring for the Division of Aging. He also worked extensively with the Indiana Institute on Disability and Community. He brings a wealth of knowledge to our Care Management team as we shore up our internal structure and look to tackle accreditation for our services.
“WHAT WE DO in our department affects all the employees as well as all the funding,” notes Kelly Walter, Financial Manager, when asked to describe the jobs that she and Lori Patterson, Financial Assistant perform every day for Area 10, Rural Transit and Endwright Center which are non-profit and Cunot and Edgewood Village apartments which are for-profit. She isn’t bragging, just stating the reality of the department’s duties.

Timing, deadlines and precision are critical aspects in Kelly and Lori’s jobs. They administer approximately 34 different funding streams monitoring the funds from numerous local, state and federal grants and the distribution of revenue and expenses to all the various areas. Often the funding is spread out amongst many different funding sources adding more complication to their duties. The two are also responsible for coordinating and processing payroll for the 65 employees and process reimbursements to numerous vendors and contractors.

According to Kelly, “Every funding has its own set of requirements but all of them go into the bigger picture and the overall outlook of the agency. There is very little margin for error.”

She gives an example of a recent event where one of the sister agencies put out incorrect information which for Area 10 involved an amount of $27.00 but would have effected claim reimbursement worth $10,000 if it had not been corrected. “Everything has to be looked at,”

“Humor is how we survive” - Kelly Walter

“Laugh and go with the flow. We have to share with each other to release the stress” - Lori Patterson

states Kelly. “There is a whole other layer of analytical review before we send anything on to our funding sources and department managers”.

Kelly and Lori have to face numerous deadlines with very little processing time. “We try hard to work with everyone and accomplish what they need while staying within the regulations.”

Lori who has worked for Area 10 for 17 years initiates all direct care provider invoices, payables, deposit creations and handles payroll journal entries and sub spreadsheets. She made the move to Area 10 because she wanted a change from her previous job and Area 10 was more convenient to her home. When asked why she stays, Lori remarks:
“I like the work atmosphere. I like the feeling of supporting a non-profit organization. I want to help. I like the mission of the agency and feel strongly about this organization.” - Lori

Kelly started with Area 10 about 3 ½ years ago as the Housing Manager and became Financial Manager in September, 2016

“I believe in the mission. I have worked for non-profit agencies for over 20 years. I want my work to be meaningful to myself and others”.

Kelly is responsible for all claim processing, all journal entry input and reviewing Lori’s payroll journal entries, reconciling all the cash accounts, FSSA reporting and monitoring of budgets versus expenses for all funding streams, to name a few of her responsibilities. She has 100 plus line journal entries of direct and indirect costs across the grants. Every invoice receipt has to be monitored and justified as an allowable expense.

When asked for a time frame of their most stressful times, they reflect that July-October is the end of the fiscal year with the generation of numerous year end reports as well as preparing for the audit in October. November-February brings on the close out of Rural Transit financial statements, plus the generation of 1099 forms for all self-employed contractors and vendors, FSSA year-end and quarterly reports, and review of the audit in preparation for a presentation to Area 10 Board of Directors.

The two are asked how they survive all the pressure and stress. Lori notes, “We rely on each other”. Kelly states, “We have a lot of transparency between the two of us in order to learn the larger connections of our jobs. We must communicate.” The two have found that laughing is better than screaming when pressure builds. “Humor is how we survive” notes Kelly. “Laugh and go with the flow. We have to share with each other to release the stress”, remarks Lori.
Open Enrollment: Feeling lost in a sea of health insurance? There are many types of Medicare coverage to choose from, and people are often confused about where to turn for the answers. The State Health Insurance assistance Program (SHIP) is a national network of highly trained counselors who provide free, objective information to help you understand your Medicare options. SHIP counselors do not sell insurance and have no financial interest in which plan you choose.

Open enrollment for Medicare is quickly approaching. This is the one time of year most people on Medicare are allowed to make changes to their prescription drug plans. The only way to ensure you have the best coverage for the best price is to reevaluate your plan each year. Area 10 has several certified SHIP counselors ready to help – simply call to make an appointment. Don’t miss out! Open enrollment runs from Oct 15-Dec 7th with changes going into effect on Jan 1.

United Way Campaign Kick-Off

Every day United Way, Area 10 Agency on Aging and 24 other certified member agencies fight for our neighbors so everyone has a true chance at a better life. United Way supports a range of services in Monroe, Owen, and Greene counties like healthy meals, after-school programs, job supports, senior services, financial stability, safe housing, and health care that can help people create wins, both large and small.

When our community works together, everyone is stronger. Donors like you are turning lives around every day.

1 in 3 lives in our community are impacted by your gift. Your donation stays local, ensuring people get the help they need right away and address underlying issues they face. Change doesn’t happen alone – when we team up together, the people in our community win! Please give generously today.

To see how your donation is fighting for your community throughout the year, visit www.monroenumerdway.org/MyImpact
Our wonderful sponsors,
whose generous support enables us to continue our great work!

Thank You!